# 🔹 SYSTEMATIC REVIEW – SCREENING CHECKLIST

Instructions: Use this checklist to screen studies during the selection process. Tick each box as appropriate.

* ☐ Is the study relevant to the research question (PICO)?
* ☐ Is the population studied appropriate?
* ☐ Is the intervention clearly described and relevant?
* ☐ Are the outcomes of interest reported?
* ☐ Is the study design appropriate (e.g., RCT, cohort, case-control)?
* ☐ Is the full text available?
* ☐ Is the study published within the specified time period?
* ☐ Is the study in the required language(s)?
* ☐ Does the study meet all inclusion criteria?
* ☐ Does the study avoid all exclusion criteria?
* ☐ Is the study peer-reviewed?
* ☐ Are there any potential conflicts of interest disclosed?